



REGISTRATION, GUIDELINES AND PLEDGE PACKAGE
INNISFIL POLAR BEAR DIP
SATURDAY FEBRUARY 22, 2025 @ 1:30 PM
INNISFIL PARK, 676 INNISFIL BEACH ROAD

Below you will find guidelines, registration, and pledge package for participation in Innisfil Polar Bear Dip.

PLEASE READ IN FULL AS CERTAIN CAUTIONS AND WAIVERS ARE INCLUDED

Complete the required forms and turn them in at the Registration Trailer prior to the event, found in Lot A.

- **WAIVER FORMS *MUST BE COMPLETED* IN ORDER FOR INDIVIDUALS TO PARTICIPATE.**
- **BY SIGNING WAIVERS ALL PARTICIPANTS ACKNOWLEDGE, UNDERSTAND AND AGREE TO THE FOLLOWING:**
 - **That jumping into cold water from a frozen ice surface has certain risks and may result in injury or medical conditions to some people.**
 - **That the Polar Dip is a fundraising event and media will be present which may result in photographs & video clips being taken, which may identify jumpers in various electronic and social media. Jumpers consent to the use of their images.**
 - **That you understand that Innisfil Community Events and its partners take reasonable and appropriate safety pre-cautions to prevent injury or other unforeseen circumstances from taking place, before, during and following this event.**

**EACH PARTICIPANT ACKNOWLEDGES THAT THEY ARE PARTAKING IN THE INNISFIL POLAR BEAR DIP -
AT THEIR OWN RISK AND WILL NOT HOLD INNISFIL COMMUNITY EVENTS OR ANY OF ITS PARTNERS
RESPONSIBLE IN ANY WAY FOR INJURY OR ILLNESS THAT MAY RESULT.**

Location of Event:	Lake Simcoe/Innisfil Park, 676 Innisfil Beach Road, Innisfil, ON
Date / Time of Event:	Saturday, February 22, 2025 at 1:30pm
Registration Location:	Innisfil Park Lot A – 11:00 pm to 1:30 pm
Registration Fee:	\$25 per Polar Dip Jumper
Costume Judging:	12:30 PM at the shore line of the event
T-Shirts:	Registered participants will receive “I survived the Innisfil Polar Bear Dip” T-shirts
Parking:	Parking is free of charge for this event.
Contact:	info@icecorp.org

Innisfil Community Events wishes to thank all the participants and sponsor donors for making the 2025 Polar Bear Dip an entertaining and successful event. Pledges received are collected by Innisfil Community Events and, after expenses, will be donated to the INNISFIL FOOD BANK.

ALL PARTICIPANTS MUST ACKNOWLEDGE & SIGN THEY WILL COMPLY WITH EVENT RULES AND CONDITIONS. FAILURE TO DO SO WILL RESULT IN BEING DENIED THE RIGHT TO PARTICIPATE.



Preamble:

Innisfil Community Events is a non-profit fundraising organization which puts on special events in Innisfil. Pledge proceeds received will be donated to Innisfil Food Bank.

Innisfil Community Events members, volunteers and its partners take the necessary reasonable precautions to ensure a safe and secure Polar Bear Dip event for participants, spectators, and others, before, during and following the event. Polar Bear Dippers understand that they are participating at their OWN RISK.

Rules and Conditions of Participation:

Your Safety:

1. All participants must be at least 18 years of age. Those under 18 must be accompanied by a parent and/or guardian who must sign the waiver and guidelines.
2. It is recommended to parents / guardians that children under the age of 9 should not participate. Innisfil Community Events reserves the right to decline participation of anyone that in their sole discretion may be unhealthy or unsafe!
3. Emergency Personnel will be in attendance to ensure a safe event.

What to wear:

1. Footwear should be worn to protect your feet at all times, on the ice and in the water.
2. Have a warm blanket and towels to cover yourself before and after the dip.
3. It is recommended that a change of clothes be brought with you.
4. Prizes will be awarded for best dressed costumes - be creative, but remember this is a family event.

Registration & Pledges:

Altering the jumpers list cannot be accommodated on the morning of registration. Therefore, we strongly suggest that if you want to jump with any one in particular, that you register together stating so.

1. You must bring your pledge form and all money to the registration desk prior to your dip. Minimum Pledge is \$25 which will be your registration fee. This registration fee is used to cover insurance and other expenses needed in order to ensure a successful, safe and entertaining event. **To expedite registration on the day of the event, we ask that you e-transfer your \$25.00 registration fee to info@icecorp.org.**
2. After expenses, pledges in excess of the \$25 registration fee will be turned over to the charitable cause authorized by the Innisfil Community Events Board of Directors as identified above. Fundraising results will be announced in local media.
3. All cheques shall be made payable to Innisfil Community Events Corporation (ICECorp).

Prizes:

1. One prize will be awarded for most money raised.
2. Prizes will be awarded for best costume: first, second and third place. Judging will take place at 12:30 pm at the shore line.

On Polar Dip Day:

1. Registration will begin at 11:00 AM at our registration trailer in Parking Lot A at Innisfil Park.
2. Bring your pledge sheet, all donations and your signed waiver. Registrants under the age of 18 must be accompanied by a parent and/or guardian, who must also have a signed waiver.
3. Upon registration you will be provided with a number which is the order you will be in for the dip.
4. The first 50 registrations will receive an "I survived the Innisfil Polar Bear Dip" T-shirt.

SURNAME	FIRST NAME	AGE
SIGNATURE: (also guardian if required)		



POLAR BEAR DIP ENTRY WAIVER FORM 2025

Surname:	First Name:	Age:
Address:	Contact Phone Number:	
Signature:		

[NOTE: Each Person who is jumping MUST sign this waiver form and submit same to ICECorp registration prior to Polar Bear Dip event – Failure to do so will result is forfeiture of right to jump in the Polar Bear Dip.]

RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY:

In consideration of Innisfil Community Events accepting this entry, I hereby acknowledge the inherent risk, hazards and dangers involved in participating in the Polar Bear Dip, including loss of consciousness, hypothermia, heart attacks and other life-threatening conditions due to large and sudden changes in environmental temperature. I hereby assume and accept any and all risk of my injury, paralysis or death and agree to abide by all Polar Bear Dip rules, regulations and guidelines. I, on my own behalf and on behalf of my heirs, executors and administrators, hereby waive and release, indemnify and hold harmless Innisfil Community Events Corporation (ICECORP), its fundraising partners, and the Town of Innisfil and each of its elected officials and representatives from and against any and all claims, actions, causes of action, liabilities, suits, expenses, breaches of statutory duty of care and negligence of any kind or nature, whether foreseen or unforeseen, arising directly or indirectly out of any damage, loss, injury, paralysis or death to me or my property arising out of my participation in the Polar Bear Dip.

Signature: _____

IF UNDER 18 YEARS OF AGE, PARENT OR GUARDIAN MUST SIGN THE FOLLOWING:

In consideration of the above minor being permitted to participate in the Polar Bear Dip, I, the undersigned parent and/or guardian of the above minor, for himself/herself and on behalf of said minor, hereby join in the foregoing release, waiver, assumption of risks and indemnity, and hereby agree to save and hold harmless and indemnify Innisfil Community Events Corporation ICECORP, its fundraising partners, and the Town of Innisfil and each of its elected officials and representatives from and against any and all claims, actions, causes of action, liabilities, suits, expenses, breaches of statutory duty of care and negligence made or brought by said minor or by anyone on behalf of said minor, as a result of said minor's participation in the Polar Bear Dip.

Name of Guardian: PRINT _____

Signature: _____



POLAR BEAR DIP PLEDGE SHEET

Innisfil Polar Bear Dip will be held on Saturday February 22, 2025 at Innisfil Park starting at 1:30 pm. After expenses, pledges collected will be donated **The Innisfil Food Bank**. We thank Polar Dip jumpers and their pledge sponsors for their support. Should the charitable organization be a registered charity any pledge over \$20 may receive a tax receipt from the organization, if requested, before December 31, 2025.

Name of Person jumping in the 2025 Innisfil Polar Bear Dip	
Name:	Email Address:
PLEDGE SHEET	
In support of the named person I / We are pledging him/her for the following amount and agree that pledge funds be forwarded to Innisfil Community Events Corporation (ICECorp) for donation (after expenses) to the Innisfil Food Bank.	

Name			
Address (including postal code)			Phone Number
Pledge Amount	Amount Collected	Method of Payment CASH / CHEQUE	Tax Receipt Requested YES / NO

Name			
Address (including postal code)			Phone Number
Pledge Amount	Amount Collected	Method of Payment CASH / CHEQUE	Tax Receipt Requested YES / NO

Name			
Address (including postal code)			Phone Number
Pledge Amount	Amount Collected	Method of Payment CASH / CHEQUE	Tax Receipt Requested YES / NO

Page Pledge Total _____

Page _____ **of** _____

Photocopy more pledge sheets as required.